

# 4TH INTERNATIONAL OZONE CONGRESS

**HAB**  
HERRMANN  
APPARATEBAU GmbH

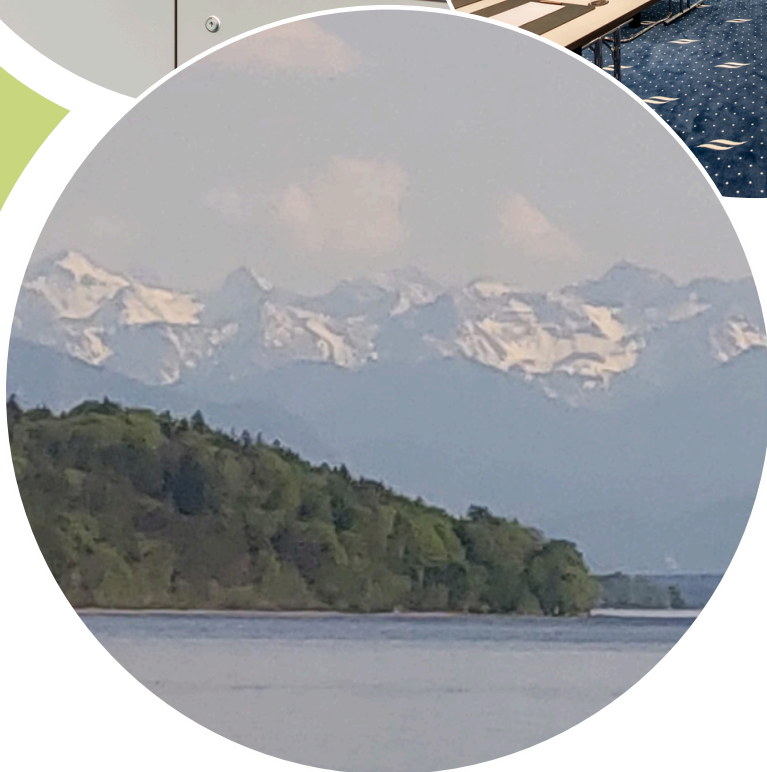
OZONE - THE  
CIRCLE OF HAPPINESS

17.-20. June 2027  
Starnberg, Germany



# Experience. Evidence. Exchange

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**Dear Ozone-Family,**

We are delighted to invite you to our 4th INTERNATIONAL OZONE CONGRESS:

**“OZONE – THE CIRCLE OF HAPPINESS”**

Join us for an inspiring and unforgettable experience at one of the most beautiful locations in Bavaria. Set directly at the stunning Lake Starnberg, our congress venue offers the perfect atmosphere for scientific exchange, personal encounters, and meaningful connections.

For more than 40 years, **HAB® HERRMANN** has been dedicated to advancing Ozone-Oxygen Therapy, continuously setting new standards in safety, innovation and medical excellence. As one of the leading manufacturers of medical ozone therapy devices, we are proud to bring together leading experts and practitioners from across the globe.

This congress is more than a scientific event – it is a unique platform to connect, exchange knowledge, and become part of a growing international community that shares the same vision: improving patient care and advancing modern integrative medicine.

Under this year's theme, “**The Circle of Happiness**,” we aim to highlight the holistic potential of ozone therapy – from prevention and longevity to enhancing quality of life and well-being.

We are truly looking forward to welcoming you personally and sharing this special experience with you.

**Your  
HAB® - Team**

Our participants of the 3rd  
International congress in 2025





# MEET OUR SPEAKERS -

## *Insights & Topics*

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### Our Medical Director

**Ana Moreira, MD (Portugal)**

### Ozone Therapy as an Efficient Medical Longevity Tool

Founder and Clinical Director of OneLife Clinic (Porto, Portugal). President of the Portuguese Society of Integrative Medicine (SPMI), President of the Portuguese Society of Ozone Therapy (SPOZ), and member of the Executive Committee of the European Society for Integrative Medicine (ESIM).



**Johann Lahodny, MD (Austria)**

### Updates to the Ozone-Highdose-Therapy

Specialist in Gynecology and Obstetrics  
Founder of the High-Dose-Ozone-Therapy (OHT L1/L2/L3). Expert in Bioresonance, Vital Field, Oxygen, Tachyon-Therapy and Darkfield Microscopy  
1994 Habilitation with lectureship at the University of Vienna



**Adriana Botezatu, MD (Moldova)**

### Ozone therapy and healthy aging: mitochondrial activation, tissue repair and redox homeostasis

Associate Professor, internist, and researcher at the State University of Medicine and Pharmacy "Nicolae Testemițanu" in Chișinău, Moldova. Dr. Botezatu has contributed extensively to clinical research and education in ozone therapy, with a focus on integrative medicine and the therapeutic application of medical ozone.







**Mihai Baican, MD (Romania)**

### **Advanced Oxygen Therapies: Bridging Regeneration, Performance and Longevity**

Dr. Mihai Baican is a doctor for Primary Medical Rehabilitation and Sports traumatology  
Specialist for Ozone- and Oxygen-Therapy  
Director of the Swissmed Clinic in Bucharest.  
Dr. Baican has also published several medical papers

**Gema Sánchez Navarro, MD (Spain)**

### **Systemic Ozone Therapy: Regulation of Oxidative Stress and Its Role in Longevity Medicine**

Gema Sánchez Navarro is an expert in Ozone Therapy and bio-oxidative medicine, with more than three decades of clinical experience and focus on systemic regulation, integrative medicine, prevention and longevity. She is the founder and Director of the O3 Center and also the CEO & director of O3 IMIA in Spain. She is an internationally renowned speaker, advisor and trainer in ozone therapy.



**Nicolae Bodrug, Prof. MD (Moldova)**

### **Medical Ozone in Longevity Science – Inflammation Control and Cellular Renewal**

Prof. Dr. Habil. Nicolae Bodrug is a distinguished physician, researcher, and educator with over four decades of experience in internal medicine. As President of the Moldovan Association of Ozone Therapy and Professor at the State University of Medicine and Pharmacy in Chişinău, he is widely recognized for his contributions to medical research and the promotion of ozone therapy.

## **Bridghid McMonagle, MD (USA)**

### **Cosmetic uses of ozone including: acne, scar therapies and cellulite**

Dr. Bridghid McMonagle is an expert in functional medicine with a focus on hormonal and gut health. As a specialist in ozone therapy, she strategically integrates modern techniques to support regeneration and reduce inflammation. She also serves as an international speaker on ozone therapy and holistic treatment approaches.



## **Francisco Javier Hidalgo Tallon, MD, PhD (Spain)**

### **Efficacy and tolerability of Ozone in Long Covid: A Clinical Study**

Dr. Francisco Javier Hidalgo Tallón is a renowned physician, researcher, and educator specializing in pain medicine and ozone therapy. As Director of Clinalgia Pain Units and Chair of the Ozone Therapy and Chronic Pain Program at the Catholic University of Murcia, he is widely recognized for his contributions to clinical research, medical education, and the international promotion of ozone therapy.

## **Brigitte König, Prof. Dr. (Germany)**

### **Systemic Ozone Therapy: Immunological and Cellular Mechanisms of Action in the Context of Regeneration and Healthy Aging**

Prof. Dr. König studied biology, chemistry and medicine, habilitated in medical Microbiology and Infection Immunology and is an external professor at the Faculty of Medicine at Otto von Guericke University in Magdeburg.

In 2008 Prof. König founded the MMD (Magdeburg Molecular Detections), which is the entrepreneurial framework where 35 years of experience flow into innovative and scientifically based products.





## Nicolas Stamer, MD (Germany)

### Tonsils - An Overlooked Interference Field

Nicolas Stamer is a board-certified specialist in orthopedics and trauma surgery and runs a practice that specializes in integrative medicine, orthopedics, and pain management. Since 2021, he has also served as vice president of the DGfAN (German Society for Acupuncture and Neural Therapy).

## Sebastjan Perko, MD dent. (Slovenia)

### Ozone–Oxygen Autohemotherapy and PEMF in Ceramic Implant Osseointegration: An Observational Clinical Study

### Ozone Therapy in Everyday Oral Surgery: Practical Protocols, Clinical Applications and Perioperative Support

Expert in Biological Dentistry, Oral Surgery and Biological Medicine  
Founder of the MAHA Clinic in Ljubljana and the MAHA Symposium



## Leon Golestani, MD dent. (Austria)

### Lecture title will be announced soon

Dr. Leon Golestani is a specialist in dentistry, oral and maxillofacial medicine who combines modern dentistry with a holistic approach to treatment. His areas of expertise include oral surgery, implantology, bone grafting, and the use of biocompatible materials to promote long-term dental health.



## **Dirk Bettenworth, Pharmacist & Naturopath (Germany)**

### **The Gut-Vascular Axis: New Therapeutic Perspectives for Chronic Inflammation, Endothelial dysfunction and Atherosclerosis**

Dirk Bettenworth is a pharmacist, naturopath, and international lecturer with extensive experience in homeopathy, pharmacovigilance, and aesthetic medicine. Since 2005, he has been active in pharmaceutical manufacturing and professional education. The current clinical focus is on anti-aging therapies combining autologous biologics, hyaluronic acid, and PDO threads.



## **Norbert Fuhr, Founder of AHNF (Germany)**

### **Silent Pain – New Approaches to Pain Treatment with AHNF and Ozone**

Norbert Fuhr is a physical therapist, owner of the Institute for Biomechanics, and founder of AHNF (Autonomous Breathing and Posture Regulation), a holistic therapeutic and diagnostic method that focuses on the body's self-regulatory mechanisms. As the founder of the AHNF Academy, he has been sharing his knowledge with therapists and interested individuals for many years.

## **Patrick Assheuer, MD (Germany)**

### **Silent Pain – New Approaches to Pain Treatment with AHNF and Ozone**

Dr. Patrick Assheuer is a third-generation physician who combines modern diagnostics with naturopathic and holistic therapeutic approaches. His areas of expertise include internal medicine, environmental medicine, immunology, and the AHNF method developed by Norbert Fuhr. He is a regular speaker at international conferences and serves as an instructor at the AHNF Academy.



## Dennis Harper, MD (USA)

### Building a Sustainable Ozone Therapy Practice: Systems, Profitability, and Clinical Efficiency

Doctor of Chiropractic and certified Medical Examiner, Dennis Harper is the inventor of the Harper Restoration System treatment protocols. He serves on various boards and foundations, including the American Academy of Ozonotherapy, and was inducted into the Frontiers in Ozone Hall of Fame in 2023.



## Jörg Hentschel, Naturopath (USA/ Germany)

### Workshop 1 - OHT & me2vie

Jörg Hentschel is a naturopath and has been active in the healthcare sector for more than 20 years. Among other things, he is a lecturer for various continuing education institutions and is a co-founder and scientific director of the health portal Taramax.



## Heiko Hofmann, Company BIOVIS (Germany)

### Ozone Therapy and Mitochondrial Diagnostics as Partners in Mitomedicine

Dr. rer. nat., Dipl.-Biol. Heiko Hofmann is a microbiologist and internationally recognized lecturer specializing in microbiome research, mitochondrial medicine, and laboratory diagnostics. As Head of Scientific Field Services at Biovis Laboratory, he combines scientific expertise with extensive experience in research, diagnostics, and healthcare innovation.



# WORKSHOPS

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## From Experts For Experts

On **Sunday, June 20, 2027**, participants may choose from three parallel full-day workshops, each running from 9:00 AM to 5:00 PM. The workshop fee includes two coffee breaks and lunch. Places are **limited to 25 participants** per workshop; early registration is recommended. Please note that **workshop registration is separate from the Main Congress and requires an additional booking.**

### Workshop 1: The Combination of me2vie and OHT: The Future of Cellular Regeneration

**Dr. Johann Lahodny & Jörg Hentschel**

This workshop explores the combination of Ozone High Dose Therapy (OHT) and me2vie System Therapy as innovative approaches to supporting cellular energy, regeneration, detoxification, and healthy aging. Participants will gain insights into the role of mitochondria, mitochondrial biogenesis, autophagy, and cellular recovery in maintaining health and vitality. The workshop highlights the potential synergy between OHT and me2vie therapy and presents practical applications for prevention, regenerative medicine, and patient care. Attendees will discover how these approaches may contribute to cellular health, recovery, and long-term performance while opening new perspectives in longevity and regenerative medicine.

## **Workshop 2: Ozone Therapy in Integrative and Protocol-Based Treatment of Complex Chronic Diseases**

### **Dr. Dennis Harper**

This comprehensive eight-hour workshop presents an integrated, protocol-driven approach to the treatment of basic complex chronic conditions, guiding attendees from initial consultation and examination through evidence-informed therapeutic interventions. Treatment protocols incorporating ozone therapy, peptides, stem cell applications, with injections. Conditions addressed include rheumatoid arthritis, Alzheimer's disease, Parkinson's disease, Lyme disease, and low back pain disorders, each presented as a complete clinical case progression from diagnosis to management. Attendees are invited to submit one additional disease process of professional interest for potential inclusion in the workshop curriculum. Please note that the agenda may be subject to refinement prior to the event.

## **Workshop 3: Silent Pain – New Approaches to Pain Treatment with AHNF and Ozone**

### **Norbert Fuhr & Dr. Patrick Assheuer**

Autonomic Breathing and Posture Regulation (AHNF) aims to release myofascial, vascular, and visceral tension through autonomic breathing, thereby supporting the body's own regulatory mechanisms. In addition to analyzing posture and regulatory blockages—such as those caused by jewelry or electromagnetic exposure—the diagnostic focus also addresses what is known as “silent pain”: subliminal pain stimuli that are perceived by the subconscious without the affected person being aware of them.

In this workshop, Norbert Fuhr teaches the fundamentals of AHNF and uses specific patient examples to demonstrate how this method can be easily and effectively combined with procaine-ozone injections. Examples of applications range from hallux valgus to migraines and shoulder pain to knee problems. The goal is to identify hidden causes of pain and regulatory disorders and, by combining both approaches, to demonstrate new therapeutic possibilities for pain management.



# HAB - ACADEMY

**EARLY BIRD**  
for Registration until 31.12.2026  
**1750,00€ incl. VAT**

## Congress Packages:

|                                                     |                     |
|-----------------------------------------------------|---------------------|
| Main Congress 17.-19.06.2027 incl. 2 Evening Events | 1890,00 € incl. VAT |
| Day-Ticket 17.06.2027 incl. 1 Evening Event         | 650,00 € incl. VAT  |
| Day-Ticket 18.06.2027 incl. 1 Evening Event         | 650,00 € incl. VAT  |
| Day-Ticket 19.06.2027                               | 580,00 € incl. VAT  |

## Workshops:

*Each workshop is limited to 25 participants and must be booked separately.*

|                                                                                                                |                    |
|----------------------------------------------------------------------------------------------------------------|--------------------|
| <b>Workshop 1:</b><br>The Combination of me2vie and OHT                                                        | 580,00 € incl. VAT |
| <b>Workshop 2:</b><br>Ozone Therapy in Integrative and Protocol-Based<br>Treatment of Complex Chronic Diseases | 580,00 € incl. VAT |
| <b>Workshop 3:</b><br>Silent Pain – New Approaches to Pain Treatment<br>with AHNF and Ozone                    | 580,00 € incl. VAT |

## Accompanying Person Packages:

|                                               |                    |
|-----------------------------------------------|--------------------|
| Main Congress Catering incl. 2 Evening Events | 650,00 € incl. VAT |
| 2 Evening Events only                         | 300,00 € incl. VAT |

## Registration:

Please register at [www.h-a-b.de](http://www.h-a-b.de)  
or via mail: [training@hab.gmbh](mailto:training@hab.gmbh)  
or directly via this qr-code:



# EXHIBITION

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We would like to thank the following exhibitors for supporting the conference with their presence:



Innovating health · Elevating life



# HOTEL VIER JAHRESZEITEN STARNBERG

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A beautiful place at Lake Starnberg in Bavaria, located between the gates of Munich and the Bavarian Alps. With just a 10-minute walk from the Lake.

Individual Room Reservations via mail:  
[info@vier-jahreszeiten-starnberg.de](mailto:info@vier-jahreszeiten-starnberg.de)  
with the keyword **"HAB CONGRESS"**  
or online directly via this QR-Code:



## Prices per Room/ Night:

|             |        |
|-------------|--------|
| Single Room | 189,-€ |
| Double Room | 229,-€ |

Suites can be booked on request - please contact the hotel directly!

All room prices include Breakfast, WiFi, AirCondition,  
Minibar and Wellness & Fitness area.

Please note that additional costs for parking and  
other fees may apply.

Hotel Vier-Jahreszeiten  
Münchner Straße 17  
82319 Starnberg

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[info@vier-jahreszeiten.de](mailto:info@vier-jahreszeiten.de)  
[www.vier-jahreszeiten-starnberg.de](http://www.vier-jahreszeiten-starnberg.de)

# Congress Impressions

Experience. Evidence. Exchange



Bringing together physicians, researchers and practitioners from  
around the world.



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