

4th International Ozone Congress

Ozone - The Circle of Happiness

17.-20. June 2027

Hotel Vier-Jahreszeiten, Starnberg

Program & Schedule

Thursday, 17th June 2027

8:30 - 10:00	Registration
10:00 - 10:30	Opening & Introduction of the Exhibitors
10:30 - 12:00	Ozone Therapy as an Efficient Medical Longevity Tool Ana Moreira, MD
12:00 - 13:30	Lunch Break
13:30 - 14:15	Efficacy and tolerability of Ozone in Long Covid: A Clinical Study Javier Hidalgo, MD
14:15 - 15:00	The Gut-Vascular Axis: New Therapeutic Perspectives for Chronic Inflammation, Endothelial Dysfunction and Atherosclerosis Dirk Bettenworth, Pharmacist & Naturopath
15:00 - 15:45	Ozone Therapy and Mitochondrial Diagnostics as Partners in Mitomedicine Heiko Hofmann, Dr. rer. nat./ Dipl. Biol., Biovis
15:45 - 16:15	Coffee Break
16:15 - 17:00	Medical Ozone in Longevity Science – Inflammation Control and Cellular Renewal Nicolae Bodrug, Prof., MD
17:00 - 17:45	Systemic Ozone Therapy: Regulation of Oxidative Stress and Its Role in Longevity Medicine Gema Sánchez Navarro, MD

19:00

THE WORLD
MEETS BAVARIA



EVENING EVENT
with Food & Drinks

Friday, 18th June 2027

9:00 - 9:45

Tonsils – An Overlooked Interference Field
Nicolas Stamer, MD

9:45 - 10:30

Ozone Therapy and Healthy Aging:
Mitochondrial Activation, tissue repair and
redox homeostasis
Adriana Botezatu, MD

10:30 - 11:00

Coffee Break

11:00 - 11:45

Advanced Oxygen Therapies: Bridging
Regeneration, Performance and Longevity
Mihai Baican, MD

11:45 - 12:30

Ozone–Oxygen Autohemotherapy and PEMF in
Ceramic Implant Osseointegration: An
Observational Clinical Study
Sebastjan Perko, MD dent

12:30 - 14:00

Lunch Break

14:00 - 15:30

Cosmetic Uses of Ozone including: Acne, Scar
Therapies and Cellulite
Theoretical and Practical Part
Bridghid McMonagle, MD

15:30 - 16:00

Coffee Break

16:00 - 17:30

Silent Pain – New Approaches to Pain
Treatment with AHNF and Ozone
Norbert Fuhr, Founder & Patrick Assheuer, MD

19:00
EVENING EVENT
with Food & Drinks



Saturday, 19th June 2027

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| 9:00 - 10:30 | Update on the Ozone-Highdose-Therapy
Johann Lahodny, PD MD |
| 10:30 - 11:00 | Coffee Break |
| 11:00 - 11:45 | Practical Demonstration OHT
Johann Lahodny, PD MD |
| 11:45 - 12:30 | Systemic Ozone Therapy: Immunological and Cellular Mechanisms of Action in the Context of Regeneration and Healthy Aging
Brigitte König, Prof. |
| 12:30 - 14:00 | Lunch Break |
| 14:00 - 14:45 | Ozone Therapy in Everyday Oral Surgery: Practical Protocols, Clinical Applications and Perioperative Support
Sebastjan Perko, MD dent. |
| 14:45 - 15:30 | <i>Lecture title will be announced soon</i>
Leon Golestani, MD dent. |
| 15:30 - 16:00 | Coffee Break |
| 16:00 - 17:30 | Building a Sustainable Ozone Therapy Practice: Systems, Profitability, and Clinical Efficiency
Dennis Harper, MD |

End of Main Congress

Please note that we reserve the right to make changes to the program, if necessary.

WORKSHOPS

Sunday 20th June 2027

Each Workshop will be from 9:00 - 17:00
including 2 Coffee Breaks and a Lunch Break
Each Workshop is limited to 25 Participants

Workshop 1: The Combination of me2vie and OHT

Dr. Johann Lahodny & Jörg Hentschel

In this workshop, you will learn about the combination of ozone-oxygen therapy and me2.vie® system therapy. You will gain a concise overview of the principles behind these therapies, their applications, and how the two approaches work together. The goal is to fully understand their potential for holistic therapy.

Workshop 2: Ozone Therapy in Integrative and Protocol-Based Treatment of Complex Chronic Diseases

Dr. Dennis Harper

In this workshop, Dr. Dennis Harper will demonstrate his practice-oriented approach to neural and neural-ozone therapy. The focus will be on targeted injection and examination techniques for treating functional disorders and chronic pain conditions. You will learn how rapid therapeutic effects can be achieved by influencing the autonomic nervous system and through targeted applications.

Workshop 3: Silent Pain – New Approaches to Pain Treatment with AHNF and Ozone

Norbert Fuhr & Dr. Patrick Assheuer

In this workshop, Norbert Fuhr introduces the fundamentals of Autonomous Respiratory and Postural Regulation (AHNF) and demonstrates how it can be effectively combined with procaine-ozone injections. The focus is on so-called “silent pain” stimuli—hidden causes of pain and regulatory disturbances that are perceived by the body without being consciously felt. Using specific patient examples, he will explain how such issues can be identified and treated. The combination of AHNF and ozone therapy opens up new possibilities in holistic pain management—from hallux valgus and migraines to shoulder and knee problems.